



Phone: (904) 733-3724 www.zumbajear.com
 Email: zumbajear@yahoo.com

APRIL 2019



Mon	Tue	Wed	Thu	Fri	Sat
1 5:30 – 6:30pm BodyPump with Jerome 5:45pm to 6:45pm Kids Self Defense★	2 5:45m to 6:45pm Pilates with Kelly G!	3 5:30 – 6:30pm BodyPump with Jerome	4 5:45pm – 6:45pm BodyPump - Kelly G!	5 STRONG by Zumba™ 6:00pm to 7:00pm★(HIIT Program) with JEROME	6 LOCATION: MOJITOS *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome
6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	6:45pm to 7:45pm ZUMBA with "JEROME aka "MR. FITNESS"!!	6:45pm – 7:45pm ZUMBA with "SQUEAKS"	★7:00pm to 8:00pm SALSA DANCE CLASS with Mike★		10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
8 5:30 – 6:30pm BodyPump with Jerome	9 5:45m to 6:45pm Pilates with Kelly G!	10 HAPPY 9 YEAR ANNIVERSARY STUDIO JEAR! 	11 5:45pm – 6:45pm BodyPump - Kelly G!	12 STRONG by Zumba™ 6:00pm to 7:00pm★(HIIT Program) with JEN "Squeaks" 	13 LOCATION: MOJITOS ★10:00 am – 12:00pm 2 HOUR ZUMBA FITNESS JAM! *special event* LOCATION: MOJITOS! Join us at Jacksonville's #1 Nightspot!
6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	6:45pm to 7:45pm ZUMBA with "JEN aka "SQUEAKS"!! 	6:45pm – 7:45pm ZUMBA with Jerome & Arlene aka ZUMBAJEAR	★7:00pm to 8:00pm SALSA DANCE CLASS with Mike★		We are in CELEBRATION MODE!
15 5:30 – 6:30pm BodyPump with Jerome 5:45pm to 6:45pm Kids Self Defense★	16 ★30 MINUTES ABZ-SOLUTION 30 MINUTES ZUMBA BASIC MOVES with JEROME! ★★	17 5:30 – 6:30pm BodyPump with Jerome	18 5:45pm – 6:45pm BodyPump - Kelly G!	19 STRONG by Zumba™ 6:00pm to 7:00pm★(HIIT Program) with JEROME 	20 LOCATION: MOJITOS *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR SALSA NIGHT OUT AT AROMAS!
6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	6:45pm to 7:45pm ZUMBA with "JEROME aka "MR. FITNESS"!!	6:45pm – 7:45pm ZUMBA with "SQUEAKS"	★7:00pm to 8:00pm SALSA DANCE CLASS with Mike★		
22 5:30 – 6:30pm BodyPump with Jerome	23 5:45m to 6:45pm Pilates with Kelly G!	24 5:30 – 6:30pm BodyPump with Jerome	25 5:45pm – 6:45pm BodyPump - Kelly G!	26 STRONG by Zumba™ 6:00pm to 7:00pm★(HIIT Program) with JEN "Squeaks" 	27 LOCATION: MOJITOS *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	6:45pm to 7:45pm ZUMBA with "JEN aka "SQUEAKS"!!	6:45pm – 7:45pm ZUMBA with Jerome & Arlene aka ZUMBAJEAR	★7:00pm to 8:00pm SALSA DANCE CLASS with Mike★		
29 5:30 – 6:30pm BodyPump with Jerome 5:45pm to 6:45pm Kids Self Defense★	30 5:45m to 6:45pm Pilates with Kelly G!	SALSA NIGHT OUT Saturday – April 20th at Aromas – 9:00pm! Get discount entry fee of \$5.00 by giving Studio Jear your RSVP! Deadline to register 4/19/19 at 2pm (EST) *21 yrs of age & up* CELEBRATE STUDIO JEAR'S 9 YEAR ANNIVERSARY WITH US! PRE-REGISTER TODAY!			
6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	6:45pm to 7:45pm ZUMBA with "JEROME aka "MR. FITNESS"!!				

WEEKDAY MORNINGS & EVENINGS AT JJVA – 8457 Western Way, Jacksonville, FL 32256
 SATURDAY MORNINGS AT MOJITOS – 8206 Philips Hwy, #39, Jacksonville, FL 32256



DON'T MISS THE 2 HOUR ZUMBA FITNESS JAM ON
 APRIL 13th AT MOJITOS! 5 STUDIO JEAR ZUMBA FITNESS
 INSTRUCTORS = 2 HOURS OF FITNESS, FUN & RESULTS!