



Happy Anniversary

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MORNING WORKOUTS - APRIL 2017

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		<p>Happy 7 Year Anniversary Studio Jear Group Fitness Join Studio Jear the evening of April 29th to celebrate 7 wonderful years! Food, dancing, live Latin band (Latin, Rock, Salsa, Reggae, Funk, Bachata, Calypso, Vallenato)! 8pm to 12am! Advance Tickets \$10 per person \$15.00 per person at the door! RSVP DEADLINE - 4/21/17</p>			1	2
3	4	5	6	7	8	9
9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba Fitness with Jerome	Book your private PERSONAL TRAINING session today! 	9:00am to 10:00am BodyPump with Kelly G! 10:30am to 11:30am Zumba Fitness with Sandra aka "FIREFLY"	STRONG by Zumba™ 9:00am to 10:00am ★ 10:00am – 11:00am PILATES with Kelly G FREE! 11:15am – 11:45am ABZ-SOLUTION with Jerome!	Book your private PERSONAL TUESDAY TRAINING session today! 	9:00am – 10:00am BodyPump with Jerome 10:00AM to 10:45AM KIDZ WORKOUT! 10:30am – 11:30am ZUMBA with Arlene & Jerome aka ZUMBAGEAR!! 11:45am–12:15pm ABZ-SOLUTION - FREE!	CLOSED
10	11	12	13	14	15	16
☆☆Happy 7 Year Anniversary STUDIO JEAR! ☆☆ 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba Fitness with Jerome	Book your private PERSONAL TRAINING session today! 	9:00am to 10:00am BodyPump with Kelly G! 10:30am to 11:30am Zumba Fitness with Sandra aka "FIREFLY"	STRONG by Zumba™ 9:00am to 10:00am ★ 10:00am – 11:00am PILATES with Kelly G FREE! 11:15am – 11:45am ABZ-SOLUTION with Jerome!	Book your private PERSONAL TUESDAY TRAINING session today! 	8:30am – 9:30am BodyPump with Jerome 9:00am – 9:45am – Kidz Workout ☆10:00 am – 12:00pm – ZUMBA TWO HOUR JAM! *special event* 12:15pm - 12:45pm ABZ-SOLUTION - FREE!	Happy Easter!
17	18	19	20	21	22	23
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24	25	26	27	28	29	30
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BY APPT ONLY – PERSONAL TRAINING / FITNESS SESSIONS with Jerome! Studio Jear wants you to reach YOUR fitness goals! Tuesdays only (mornings / evenings). Email: zumbajear@yahoo.com / Call (904) 733-3724				PARTY TIME! SAVE THE EVENING – HAPPY ANNIVERSARY STUDIO JEAR!		