



Phone: (904) 733-3724 / Email: zumbajear@yahoo.com
www.zumbajear.com



Satellite Location: JJVA




8457 Western Way, Jacksonville, FL 32256

MORNING CLASSES

DECEMBER 2017!



Want more morning classes or additional programs we offer? LET US KNOW!

Mon	Tue	Wed	Thu	Fri	Sat
GIVE THE GIFT OF FITNESS! Purchase Your Pre-paid Class Cards OR JANUARY 2018 Monthly Passes! MAKES THE PERFECT, Hassle-Free GIFT! 			BE SURE TO GRAB STUDIO JEAR'S EVENING CLASSES CALENDAR! RIGHT HERE AT JJVA!		LAUNCH OF BP 103! 9:00am – 10:00am BodyPump with Jerome 10:30am – 11:30am ZUMBA with Jerome & Arlene aka ZUMBAJEAR
		6	7		9
9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 		9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 			9:00am – 10:00am BodyPump with Jerome 10:30am – 11:30am ZUMBA with Jerome & Arlene aka ZUMBAJEAR
11		13			16
9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 		9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 			★ 10:00 am – 12:00pm 2 HOUR ZUMBA FITNESS JAM! *special event* LOCATION: MOJITOS! Join us at Jacksonville's #1 Nightspot! 8206 Philips Hwy #39, Jacksonville, FL 32256
	19	20			23
9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 		9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	STICK TO YOUR WORKOUTS!		9:00am – 10:00am BodyPump with Jerome 10:30am – 11:30am ZUMBA with Jerome & Arlene aka ZUMBAJEAR
25		27			30
MERRY CHRISTMAS! CLOSED 		5:30 – 6:30pm BodyPump with Jerome 5:45pm to 6:45pm Kids Self Defense 6:45pm – 7:45pm ZUMBA with "SQUEAKS"			9:00am – 10:00am BodyPump with Jerome 10:30am – 11:30am ZUMBA with Jerome & Arlene aka ZUMBAJEAR

STUDIO JEAR GROUP FITNESS – MORE than just a workout!