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MORNING CLASSES – DECEMBER 2018

Mon	Tue	Wed	Thu	Fri	Sat
Weekday Mornings at JJVA / Saturday Mornings at Mojitos					 LOCATION: MOJITOS 1
					NOTE CLASS TIMES 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
3	4	5	6	7	LOCATION: MOJITOS 8
9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba		9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	<i>Fitness isn't a seasonal hobby – it's a LIFESTYLE!</i>		*NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
10	11	12	13	14	LOCATION: MOJITOS 15
9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba		9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba			*10:00 am – 12:00pm 2 HOUR ZUMBA FITNESS JAM! *special event* LOCATION: MOJITOS! Join us at Jacksonville's #1 Nightspot!
17	18	19	20	21	LOCATION: MOJITOS 22
9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba		9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba			*NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
24	25	26	27	28	LOCATION: MOJITOS 29
CLOSED! CHRISTMAS EVE!	MERRY CHRISTMAS! CLOSED 	9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba			*NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
31	GIVE THE GIFT OF FITNESS! Purchase Your Pre-paid Class Cards OR JANUARY 2019 Monthly Passes! MAKES THE PERFECT, Hassle-Free GIFT! 		STUDIO JEAR DECEMBER 2018 FITNESS CHALLENGE! FREE for Studio Jear Patrons! STICK WITH IT!		
9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba					

KEEPING IT STRONG CONTEST – 10/1/18 thru 12/31/18!
DECEMBER IS THE BIGGEST FITNESS DANGER ZONE MONTH OF ALL!
STICK TO YOUR WORKOUTS!
1ST PRIZE – FREE JAN AND FEB 2019 MONTHLY PASSES!
MUST REGISTER – ASK FOR CONTEST DETAILS!

