



# MORNING CLASSES - JANUARY 2018

Satellite Location: JJVA

8457 Western Way, Jacksonville, FL 32256

Mon	Tue	Wed	Thu	Fri	Sat
1 HAPPY NEW YEAR! NEW YEAR – BETTER YOU! NO MORNING CLASSES! EVENING CLASSES WILL BE HELD!	2	3 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	4	5	6 9:00am – 10:00am BodyPump with Jerome 10:30am – 11:30am ZUMBA with Jerome & Arlene aka ZUMBAJEAR
8 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	9	10 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	11 12 <b>BE SURE TO GRAB STUDIO JEAR'S EVENING CLASSES CALENDAR! RIGHT HERE AT JJVA!</b>		13 ★10:00 am – 12:00pm <b>2 HOUR ZUMBA FITNESS JAM!</b> *special event* <b>LOCATION: MOJITOS!</b> Join us at Jacksonville's #1 Nightspot! 8206 Phillips Hwy #39, Jacksonville, FL 32256
15 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	16	17 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	18	19	20 <b>LOCATION: MOJITOS:</b> ★NOTE CLASS TIMES★ 8:30AM to 9:30AM BodyPump with Jerome 10:00am to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
22 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	23	24 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	25	26	27 <b>LOCATION: MOJITOS:</b> ★NOTE CLASS TIMES★ 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
29 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	30	31 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	30 DAY ABS CHALLENGE		★FREE★ We'll be doing 30 DAY ABS CHALLENGE every day after class! Be sure to get a flyer to do it on the days you are not in class! <b>STICK TO IT!</b>

\*NOTE – THERE IS ONLY 1 SATURDAY AT JJVA THIS MONTH. FOR JANUARY 2018 – REMAINING SATURDAYS ARE AT MOJITOS - 8206 Phillips Hwy #39, Jacksonville, FL 32256\*

**better**  
New year, ~~new~~ me.