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MORNING CLASSES - JUNE 2019

Mon	Tue	Wed	Thu	Fri	Sat
		I need to be skinnier love myself.			LOCATION: MOJITOS 1 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
THE ONLY WORKOUT YOU'LL REGRET IS THE ONE YOU DIDN'T DO. 					
3 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	4	5 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	6	7	LOCATION: MOJITOS 8 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
10 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	11 Your time as a caterpillar has expired. Your wings are ready.	12 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	13 Summer Body Ready means being the best YOU can be! Get that image of a fitness model out of your head! LET'S DO THIS!		15 ★ 10:00 am – 12:00pm 2 HOUR ZUMBA FITNESS JAM! *special event* LOCATION: MOJITOS! Join us at Jacksonville's #1 Nightspot!
17 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	18	19 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	20 		21 LOCATION: MOJITOS 22 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
24 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	25	26 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	27	28	LOCATION: MOJITOS 29 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
WEEKDAY MORNINGS & EVENINGS AT JJVA – 8457 Western Way, Jacksonville, FL 32256 SATURDAY MORNINGS AT MOJITOS – 8206 Philips Hwy, #39, Jacksonville, FL 32256					

DON'T MISS THE 2 HOUR ZUMBA FITNESS JAM
ON JUNE 15th AT MOJITOS! 5 STUDIO JEAR ZUMBA FITNESS
INSTRUCTORS = 2 HOURS OF FITNESS, FUN & RESULTS!

