



Phone: (904) 733-3724 [www.zumbajear.com](http://www.zumbajear.com)  
 Email: zumbajear@yahoo.com



## Satellite Location: JJVA

8457 Western Way, Jacksonville, FL 32256

# MARCH 2017

Mon	Tue	Wed	Thu	Fri	Sat
<p>IF IT DOESN'T CHALLENGE YOU - IT DOESN'T CHANGE YOU!</p> <p><b>30 DAY BUTT &amp; ABS CHALLENGE</b></p> <p><small>Squats Are Being Replaced with Mountain Climbers!</small></p>		<p><b>SPRING IS HERE! PUT THE WORK IN!</b></p>	<p>1</p> <p>5:45pm – 6:45pm BodyPump - Kelly G!</p> <p>★7:00pm to 8:00pm SALSA DANCE CLASS with Mike</p>	<p>2</p> <p></p>	<p>3</p> <p>LOCATION: MOJITOS</p> <p>*NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome</p> <p>10:00AM to 11:00AM ZUMBA with Jerome &amp; Arlene aka ZUMBAJEAR</p>
<p>5</p> <p>5:30 – 6:30pm BodyPump with Jerome</p> <p>5:45pm to 6:45pm Kids Self Defense</p>	<p>6</p> <p>5:45m to 6:45pm Pilates with Kelly G!</p>	<p>7</p> <p>5:30 – 6:30pm BodyPump with Jerome</p>	<p>8</p> <p>5:45pm – 6:45pm BodyPump - Kelly G!</p> <p>★7:00pm to 8:00pm SALSA DANCE CLASS with Mike</p>	<p>9</p> <p></p>	<p>10</p> <p>LOCATION: MOJITOS</p> <p>*NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome</p> <p>10:00AM to 11:00AM ZUMBA with Jerome &amp; Arlene aka ZUMBAJEAR</p>
<p>6:45pm – 7:45pm ZUMBA with Arlene &amp; Jerome aka ZUMBAJEAR</p>	<p>6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"!</p> <p></p>	<p>6:45pm – 7:45pm ZUMBA with Arlene &amp; Jerome aka ZUMBAJEAR</p>	<p>★7:00pm to 8:00pm SALSA DANCE CLASS with Mike</p>	<p></p>	<p>10:00AM to 11:00AM ZUMBA with Jerome &amp; Arlene aka ZUMBAJEAR</p>
<p>12</p> <p>5:30 – 6:30pm BodyPump with Jerome</p>	<p>13</p> <p>5:45m to 6:45pm Pilates with Kelly G!</p>	<p>14</p> <p>5:30 – 6:30pm BodyPump with Jerome</p>	<p>15</p> <p>5:45pm – 6:45pm BodyPump - Kelly G!</p> <p>★7:00pm to 8:00pm SALSA DANCE CLASS with Mike</p>	<p>16</p> <p><b>STRONG by Zumba™ 6:00pm to 7:00pm</b>★ (HIIT Program) with JEROME</p>	<p>17</p> <p>LOCATION: MOJITOS</p> <p>★10:00 am – 12:00pm 2 HOUR ZUMBA FITNESS JAM! *special event*</p> <p><b>LOCATION: MOJITOS!</b></p> <p>Join us at Jacksonville's #1 Nightspot! 8206 Philips Hwy #39, Jacksonville, FL 32256</p>
<p>6:45pm – 7:45pm ZUMBA with Arlene &amp; Jerome aka ZUMBAJEAR</p>	<p>6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"!</p> <p></p>	<p>6:45pm – 7:45pm ZUMBA with "SQUEAKS"</p>	<p>★7:00pm to 8:00pm SALSA DANCE CLASS with Mike</p>		<p>10:00AM to 11:00AM ZUMBA with Jerome &amp; Arlene aka ZUMBAJEAR</p>
<p>19</p> <p>5:30 – 6:30pm BodyPump with Jerome</p> <p>5:45pm to 6:45pm Kids Self Defense</p>	<p>20</p> <p>5:45m to 6:45pm Pilates with Kelly G!</p>	<p>21</p> <p>5:30 – 6:30pm BodyPump with Jerome</p>	<p>22</p> <p>5:45pm – 6:45pm BodyPump - Kelly G!</p> <p>★7:00pm to 8:00pm SALSA DANCE CLASS with Mike</p>	<p>23</p> <p><b>STRONG by Zumba™ 6:00pm to 7:00pm</b>★ (HIIT Program) with KELLY "Chameleon"</p>	<p>24</p> <p>*NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome</p> <p>10:00AM to 11:00AM ZUMBA with Jerome &amp; Arlene aka ZUMBAJEAR</p>
<p>6:45pm – 7:45pm ZUMBA with Arlene &amp; Jerome aka ZUMBAJEAR</p>	<p>6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"!</p> <p></p>	<p>6:45pm – 7:45pm ZUMBA with Arlene &amp; Jerome aka ZUMBAJEAR</p>	<p>★7:00pm to 8:00pm SALSA DANCE CLASS with Mike</p>		<p>10:00AM to 11:00AM ZUMBA with Jerome &amp; Arlene aka ZUMBAJEAR</p>
<p>26</p> <p>5:30 – 6:30pm BodyPump with Jerome</p>	<p>27</p> <p>5:45m to 6:45pm Pilates with Kelly G!</p>	<p>28</p> <p>5:30 – 6:30pm BodyPump with Jerome</p>	<p>29</p> <p>5:45pm – 6:45pm BodyPump - Kelly G!</p> <p>★7:00pm to 8:00pm SALSA DANCE CLASS with Mike</p>	<p>30</p> <p><b>STRONG by Zumba™ 6:00pm to 7:00pm</b>★ (HIIT Program) with JEN "Squeaks"</p>	<p>31</p> <p>LOCATION: MOJITOS:</p> <p>*NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome</p> <p>10:00AM to 11:00AM ZUMBA with Jerome &amp; Arlene aka ZUMBAJEAR</p>
<p>6:45pm – 7:45pm ZUMBA with Arlene &amp; Jerome aka ZUMBAJEAR</p>	<p>6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"!</p> <p></p>	<p>6:45pm – 7:45pm ZUMBA with "SQUEAKS"</p>	<p>★7:00pm to 8:00pm SALSA DANCE CLASS with Mike</p>		<p>10:00AM to 11:00AM ZUMBA with Jerome &amp; Arlene aka ZUMBAJEAR</p>

### KIDS & TEENS SAFETY, AWARENESS & SELF DEFENSE WORKSHOP

SUNDAY – MARCH 25<sup>th</sup> – 2pm to 3:30pm

\*pre-registration required\*

LOCATION: Mojitos – 8206 Philips Hwy, #39, Jacksonville, FL 32256

**\*FREE\* \*FREE\* \*FREE!\***

5 – 12 years of age – 2pm – 3:30pm

13 – 18 years of age – 2pm – 3:30pm

**\*NOTE ALL SATURDAY MORNING WORKOUTS HELD AT SATELLITE LOCATION: MOJITOS  
 8206 Philips Hwy, #39, Jacksonville, FL 32256\***