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MORNINGS - NOVEMBER 2018

Mon	Tue	Wed	Thu	Fri	Sat
Weekday Mornings at JJVA / Saturday Mornings at Mojitos			1	2	3
					LOCATION: MOJITOS *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
<i>Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow. ...</i>					
5	6	7	8	9	10
9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba		9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba			LOCATION: MOJITOS ☆ 10:00 am – 12:00pm 2 HOUR ZUMBA FITNESS JAM! *special event* LOCATION: MOJITOS! Join us at Jacksonville's #1 Nightspot!
12	13	14	15	16	17
9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba ☆HAPPY VETERANS DAY! CLASSES FREE FOR MILITARY & Their Families (active & inactive) Just show your ID at check in! ☆		9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	WE'RE WORKING FOR FOOD!!! STICK TO YOUR WORKOUTS!		LOCATION: MOJITOS *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
19	20	21	22	23	24
9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba		9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba	HAPPY THANKSGIVING! 		LOCATION: MOJITOS *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
26	27	28	29	30	
9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba		9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba			MARK YOUR CALENDAR! SALSA NIGHT OUT! SATURDAY, DECEMBER 1 ST – 9PM TILL WE GET TIRED!
STUDIO JEAR GROUP FITNESS SATELLITE LOCATIONS: WEEKDAYS AT JJVA – 8457 Western Way, Jax, FL 32256 SATURDAYS – MOJITOS 8206 Philips Hwy, #39, Jax, FL 32256					

KEEPING IT STRONG CONTEST – 10/1/18 thru 12/31/18!

THESE ARE THE DANGER MONTHS – STICK TO YOUR WORKOUTS!
 1ST PRIZE – FREE JAN AND FEB 2019 MONTHLY PASSES!

STUDIO JEAR NOVEMBER 2018 FITNESS CHALLENGE!

FREE for Studio Jear Patrons – STICK TO IT!