



Phone: (904) 733-3724 / www.zumbajear.com

OCTOBER 2017

Studio Jear Group Fitness

Satellite Location: Absolute Dance

9850 San Jose Blvd Ste 9, Jacksonville, FL 32257



Mon	Tue	Wed	Thu	Fri	Sat
<p>Interested in MORNING CLASSES? Check out Studio Jear's Satellite Location JJVA Workout Calendar!</p> 					
2	3	4	5	6	7
5:30 – 6:30pm BodyPump with Jerome	5:45m to 6:45pm Pilates with Kelly G! 6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"! 	EVENING CLASSES AT JJVA 5:30pm to 6:30pm - BODYPUMP 6:45pm to 7:45pm – ZUMBA FITNESS	5:45pm – 6:45pm BodyPump - Kelly G! ★7:00pm to 8:00pm SALSA & BACHATA with Tony	JJVA LOCATION STRONG by Zumba™ 6:00pm to 7:00pm★	9:00am – 10:00am BodyPump with Jerome 10:30am – 11:30am ZUMBA with Jerome & Arlene aka ZUMBAJEAR
9	10	11	12	13	14
5:30 – 6:30pm BodyPump with Jerome	5:45m to 6:45pm Pilates with Kelly G! 6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"! 	EVENING CLASSES AT JJVA 5:30pm to 6:30pm - BODYPUMP 6:45pm to 7:45pm – ZUMBA FITNESS	5:45pm – 6:45pm BodyPump - Kelly G! ★7:00pm to 8:00pm SALSA & BACHATA with Tony	JJVA LOCATION STRONG by Zumba™ 6:00pm to 7:00pm★	8:30am – 9:30am BodyPump with Jerome BOO!★10:00 am – 12:00pm – ZUMBA TWO HOUR JAM! *special event* \$50 CASH PRIZE FOR BEST COSTUME! *costumes not required to attend event*
16	17	18	19	20	21
5:30 – 6:30pm BodyPump with Jerome	5:45m to 6:45pm Pilates with Kelly G! 6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"! 	EVENING CLASSES AT JJVA 5:30pm to 6:30pm - BODYPUMP 6:45pm to 7:45pm – ZUMBA FITNESS	5:45pm – 6:45pm BodyPump - Kelly G! ★7:00pm to 8:00pm SALSA & BACHATA with Tony	JJVA LOCATION STRONG by Zumba™ 6:00pm to 7:00pm★	9:00am – 10:00am BodyPump with Jerome 10:30am – 11:30am ZUMBA with Jerome & Arlene aka ZUMBAJEAR
23	24	25	26	27	28
5:30 – 6:30pm BodyPump with Jerome	5:45m to 6:45pm Pilates with Kelly G! 6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"! 	EVENING CLASSES AT JJVA 5:30pm to 6:30pm - BODYPUMP 6:45pm to 7:45pm – ZUMBA FITNESS	5:45pm – 6:45pm BodyPump - Kelly G! ★7:00pm to 8:00pm SALSA & BACHATA with Tony	JJVA LOCATION STRONG by Zumba™ 6:00pm to 7:00pm★	9:00am – 10:00am BodyPump with Jerome 10:30am – 11:30am ZUMBA with Jerome & Arlene aka ZUMBAJEAR
30	31	<p>2 HOUR ZUMBA FITNESS JAM! Saturday – October 14th – 10am to 12pm! FITNESS, FUN & FREE STUFF! Including \$50.00 cash prize for best costume! *costumes not required to attend event* (Studio Jear Satellite Location: Absolute Dance)</p>			
5:30 – 6:30pm BodyPump with Jerome	5:45m to 6:45pm Pilates with Kelly G! 6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"!  HAPPY HALLOWEEN!				