



























Phone: (904) 733-3724 [www.zumbajear.com](http://www.zumbajear.com)  
 Email: zumbajear@yahoo.com



# OCTOBER 2018 - MORNING CLASSES

Mon	Tue	Wed	Thu	Fri	Sat
1 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	2 	3 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	4 	5 	6 LOCATION: MOJITOS 6 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
8 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	9 	10 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	11 	12 	13 LOCATION: MOJITOS 13 *10:00 am – 12:00pm 2 HOUR ZUMBA FITNESS JAM! *special event* LOCATION: MOJITOS! \$50 CASH PRIZE FOR BEST COSTUME! *costumes not required to attend event*
15 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	16 	17 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	18 	19 	20 LOCATION: MOJITOS 20 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
22 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	23 	24 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	25 	26 	27 LOCATION: MOJITOS 27 *NOTE CLASS TIMES* 8:30AM to 9:30AM BodyPump with Jerome 10:00AM to 11:00AM ZUMBA with Jerome & Arlene aka ZUMBAJEAR
29 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	30 	31 9:00am – 10:00am BodyPump with Jerome 10:30am to 11:30am Zumba 	<b>2 HOUR ZUMBA FITNESS JAM!</b> Saturday – October 13 <sup>th</sup> – 10am to 12pm! <b>FITNESS, FUN &amp; FREE STUFF!</b> <b>Including \$50.00 cash prize for best costume!</b> *costumes not required to attend event* 		

**STUDIO JEAR GROUP FITNESS SATELLITE LOCATIONS:**  
 WEEKDAYS AT JJVA – 8457 Western Way, Jax, FL 32256      SATURDAYS – MOJITOS 8206 Philips Hwy, #39, Jax, FL 32256

## STUDIO JEAR GROUP FITNESS – OCTOBER 2018 FITNESS CHALLENGE!

**KEEPING IT STRONG CONTEST – 10/1/18 thru 12/31/18!**  
 THESE ARE THE DANGER MONTHS – STICK TO YOUR WORKOUTS!  
 1<sup>ST</sup> PRIZE – FREE JAN AND FEB 2019 MONTHLY PASSES!  
 MUST REGISTER – ASK FOR CONTEST DETAILS!

FREE FOR STUDIO JEAR PATRONS!